

*Dance Tips*

Count: 1,2,1,2, quick-quick

Timing: 4/4

No Weight Change on Tap Step



## Sway Blues Level 1

### 1. Basic:

Side tap (ST), Side tap (ST), Rock turn (RT)

### 2. Promenade:

Side tap (ST), Side tap (ST) into promenade, Walk-walk,  
Side tap (ST), Side tap (ST), Rock turn (RT)

### 3. Promenade Arch turn:

Side tap (ST), Side tap (ST) into promenade, Walk-walk,  
Arch turn, Side tap (ST), Side tap (ST), Rock turn (RT)

Note: As lady is making her arch turn (outside), the man continues moving with a grapevine left

### 4. Contra Promenade:

Side tap (ST), Side tap (ST) into promenade,  
Walk,  $\frac{1}{2}$  turn to Open with toe tap,  
Reverse Walk,  $\frac{1}{2}$  turn to Open with toe tap,  
Walk-walk to close,  
(ST), Side tap (ST), Rock turn.

### 5. Loop & Arch turn:

Side tap (ST), Side tap (ST) into promenade,  
Walk-walk, Side tap (ST), Loop turn (inside turn),  
Side tap (ST), Arch turn (outside turn),  
Side tap (ST), Side tap (ST), Rock turn

Note: After the lady completes her Loop turn (inside), the man should check or block the lady's arm preventing her from placing her hand on his shoulder which will help lead her into the next step, the Arch turn.